



Young Carers App

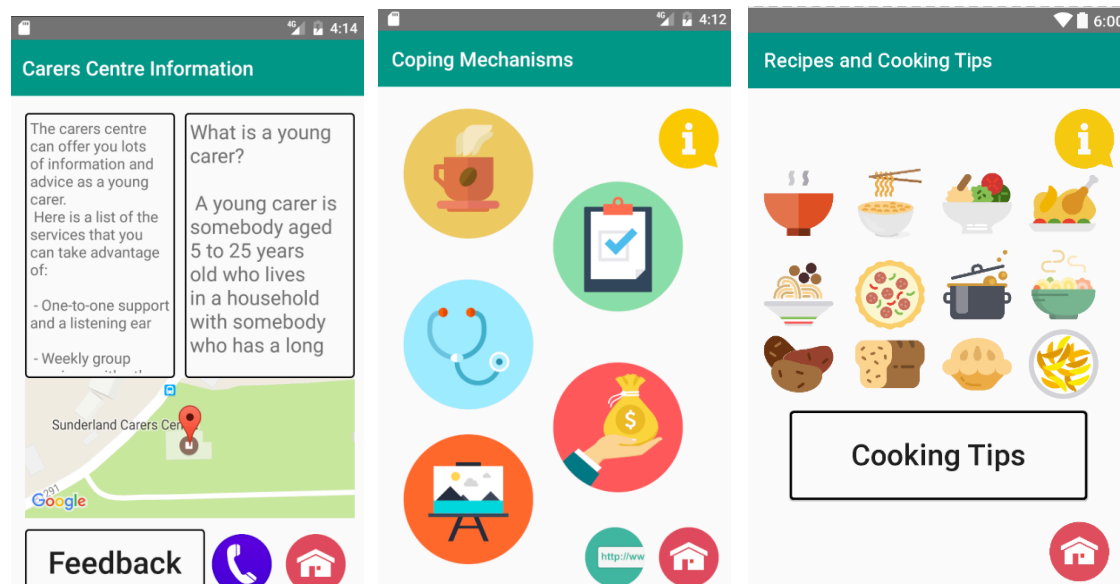
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Clients: Sunderland Carers Centre, NHS



Sunderland Carers

The Young Carers App is an Android application created for young carers at the Sunderland Carers Centre. A young carer is a young person aged between 5 – 25 who has caring responsibilities for a family member, friend, neighbour or other person in their lives. The purpose of the app is to provide another support system outside of family, friends and the carers centre, for when these networks may not be available.

Our solution is an app that provides essential information about being a young carer, including information for parents and guardians about how they can support young carers and the centre that provides for them. The app also contains vlogs from other young carers so young people can share their stories and experiences to help others in the same situation, recipes and cooking tips, game suggestions to relax and alleviate panic symptoms, extra info on fun places to go and free things that young carers can access, and account logins so the young carers can access custom calendar and a profile area. It is a multi-functional application that provides many different features to support and improve a young carer's day-to-day life.



Key Features

- Essential contacts and emergency advice about the centre, coping methods etc.
- Recipes and cooking tips suitable for young carers with little time and money
- Games to relax and wind down
- Account logins and personalisable profiles
- Custom calendar linked to profile