

CAHMS (Children Self Harm Prevention tool)



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Client:
 Bolton CAMHS, Royal Bolton Hospital.

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Our solution:
 Hope not harm is a cross platform app aimed at helping youth to cope with difficult feelings.

The app will allow patients to exercise and share their progress with the clinicians.

Patients will learn to overcome their personal difficulties and anxieties by brainstorming and reflecting on them and finding the best possible solution.

Key features:

- Cross platform
- Offline enabled usage
- Mail sharing
- Simple and easy to use graphic user interface

